9. Kumlatofta-/Humlamaden, 27km, of which 13km is on tarmac -For those interested in horses

Start the bike ride downhill, and then turn left on Herrebergavägen followed by another left at the Stop sign. Continue over the knoll and at the sharp curve, go straight on to the gravel road, Södra Prästavägen. Pass a football field, cross the tarmac road, Simontorpsvägen. The dirt road changes its name to Prästvägen and ends at the edge of the village. A path continues in its extension. Use this extension road, it bends to the right passing a small yard towards Gamla Lundavägen. At this tarmac crossing there is a reference to Karup. However, this is only mentioned as a benchmark; instead turn left on Gamla Lundavägen followed by a right turn on a narrow dirt road opposite a stable, (Stall HC). The road curves left in front of a turning zone and a dwelling house. In the upcoming T-junction, an old farmhouse (Slottet) is passed. Turn right at the next tarmac road that goes via Blädde and Kumlatofta. Similar to a roller-coaster, the road takes you on a ride with sharp bends in the road as it follows the natural landscape. Pass the access road (323) on the right hand side. Shortly thereafter, Stall Kumlatofta is visible on your left. Turn into a private road through two gate posts and continue forwards between a stable and a paddock. There is a roadblock just as you pass a tractor road that curves right. This roadblock is most likely open, if not, please close it carefully. On the right side is Klingavälsån Nature Reserve, (see info board on the side of the road). Another roadblock is passed before Henriksdal's farm. At the next crossroads that follows, six roads meet. Keep right (but not thoughts EMV Stainless AB). In the next T-junction ahead, Klingsgård is located. Turn right at Ängsvägen and pass another farm, Persgården. As the road curves to the left another information board can be seen along with a prohibition sign with the text: "gäller genomfart". Continue straight past Helgagården in the direction of the hamlet, Ljungbacken. Pass Storkgården and Storkboet (Day care centre). Proceed on Hemmestorpsvägen (which soon changes name to Hemmestorps Byaväg) until you reach a Stop sign at Gamla Lundavägen. Keep right 200m and turn left when a couple of houses are visible on your left. Follow a tractor road into a forest on to a road crossing where the forest road meets a tarmac road. Turn left on this and disregard connecting roads. Stay on the main road through Humlamaden until it ends in front of Humlamaden scout corps, nature reserve. A short walk up to the nature reserve's highest point is recommended. Then continue the round trip on a tractor road, consult the map! Then cross a forest road. At the following T-junction, where several paths connects, continue straight ahead on a path that was previously navigable (which two prohibition signs bear witness to). A sign then welcomes guests to Kulturens Östarp. A green walk turns into a tractor road as you approach Östarp. Turn left towards Östarps Gästgivaregård just before Vattenmöllan. Cyclists with their own brought meal can enjoy a pick nick in Gamlegård's lovely garden or a cooked meal with locally produced ingredients can be enjoyed at Gästgivaregården.

Kulturen Östarp, www.kulturen.com/vara-besoksmal/kulturens-ostarp Östarps Gästgivaregård, +4646-802 29, www.ostarpsgastis.se

The bike ride continues past Gamlegård and straight ahead passing a roadblock. Pass a farm where another gravel road connects. Take a right on Gamla Lundavägen followed by another right on Röddevägen, direction St Rödde and L: r Rödde Museum. At the T-junction Röddevägen/Simontorps Säteriväg (Property 212) lies the entrance to Rödde wild boar farm. If there is time, energy and interest, a short visit is highly recommended. See separate walking description. Continue the cycling tour in the direction of Simontorp. Stop by or cycle past L: a Rödde Museum.

Lilla Rödde Textilmuseum, www.hembygd.se/fars-harads/lilla-rodde-textilmuseum/, Contact: Ulla Jeppsson, +46702-411 880.

Cycle over a cattle grid and continue through Simontorp until you reach another cattle grid. Turn right on Södra Prästavägen followed by another right on Slimmingevägen. Turn right on Herrebergavägen after passing the knoll and then right again up the last hillock leading to the Exemption. Welcome home!