1 bike. Häckeberga, 30km by bike of which 23km is on tarmac -with possible 5km walk around Häckebergasjön

Cycle down the hill, turn right on the country road, Herrebergavägen. Ignore all roads that deviate or connect. After the farm Klasaröd, which breeds geese among other things, the tour continues through a partly new planted rowan avenue. Take a right towards Stenberget in the upcoming T-junction. At the next road cross, turn left towards "9Skurup" (road 102) followed by a right towards "11Genarp". The narrow, paved road runs through Häckeberga nature conservation area. Take the left towards "2Gyllebo" in the next T-junction. Pass the sign Gyllebo. This road is still paved. Keep right towards "4Häckeberga" in the next three-way cross. Once at Häckebergasjön, a detour is highly recommended. Leave the bike behind and take this lovely 5-6km circular walk around the lake. The tour suggestion is described at https://undantaget.rundvandringar.se/activities.html. The castle is located on a peninsula restricted for pre-booked parties only.

Häckeberga castle/ the Norrman castle, accommodation and restaurant, https://thenorrmans.se/

When you are back on the saddle; the journey continues with a right turn towards "16Skurup". After quite a distance take a left turn towards "2Dörröd" in the road cross "13 Skurup"/"6 Genarp" and "3Häckeberga". Pass the sign Dörröd and Romelecamp. Soon afterwards, the road divides. Use the wider, right option. Keep right after the Stop-sign to road 102 in the direction of "13Skurup". Take a left after a few hundred meters towards the Nature Reserve Humlarödshus fälad2 followed by another left just before Tostorp farm (see map)! The ride continues downhill with wide views along Larstorpsväg. Keep left on Röddevägen and pass the sign St: Rödde and a warning sign for sharp curve. At Röddevägen 212, the road bends and here you will find the entrance to Rödde wild boar farm. If there is time, energy and interest, a short visit is recommended. Please see separate hiking description "Stora Rödde wild boar enclosure".

Continue the bike ride with a right turn. The next potential stop is Lilla Rödde Textilmuseum. www.hembygd.se/fars-harads/lilla-rodde-textilmuseum/

Keep left at the museum and cycle over a cattle grid. Continue through the enclosure until you reach another cattle grid at the far end of Simontorp. Turn right onto Södra Prästavägen which later connects to Slimmingevägen. Keep right on Slimmingevägen over the knoll and turn right on Herrebergavägen. After 160m, turn right up the hill (180m) to the Exemption.