

4 bike. Sövdesjön via Frihult, Navröd, Snogeholm's hiking area and Storkhägnet, 26km of which 4km is on tarmac

Cycle down the hill, take a left on the country road, Herrebergavägen and right at the Stop sign (Slimmingevägen). Turn left on a private road, Elsagårdsvägen. The road curves past a horse farm. Keep right in the T-junction after the farm. In the background, behind the fields on the right side lies Ramnakulla. The tractor path leads to the edge of a forest. Turn left when you reach the way cross and thus avoiding an uphill slope. Cycle straight through a wooded area where-wildlife trails (with both deer and wild boar) often cross. The forest has been felled recently. But, on the other hand, the views over Elsagårdssjön on the left side have become clearer. Cycle or walk over a cattle grid. Then a T-junction is reached. Turn right on a gravel road which is bordered by newly planted trees.

Fold off to the left in the Brostorp/ Elsagården/Ågerup road junction. Pass House number 177. Just after a yellow house on your left hand side you are to turn left directly on a narrow dirt road. You will find a pond on the left (a nice place for a short break). The dirt road then turns right towards the paved road, Gamla Lundavägen. Keep right and then turn left on Frihultsvägen. The next possible rest stop appears just after a warning sign for frogs. At the next road cross you will find a picnic table overseeing yet another pond. At the rest area there is an information board over the Nature Reserve Frihult and a sit-friendly stone under a beautiful, well-grown birch.

The journey continues to the left at the mentioned road cross. At the next T-junction take another left. On your left side, in the vicinity, the lake Sövdesjön becomes visible. You will pass some farms along the way as you paddle down the dirt road. Where the road bends a sign for Navrödsvägen is visible. Pass a road barrier and soon a yellow-marked hiking trail connects. Pass a beautiful building with a thatched roof and turn directly left along the yellow trail. After passing another road barrier, the highlight of the bike tour can be viewed. A longer break to fully enjoy this beautiful place is highly recommended. Then continue along the yellow trail to a gate next to a pasture.

Here you are to leave the yellow marked trail and instead follow two tracks along the right edge of the fence before reaching the upper gate of the enclosure.-A half-timbered house with thatched roof appears in front of you. Use the dirt road that turns left to join, a somewhat, wider forest road. Keep left on this road. A low stile leads to a ruin of an old mill. A detour is recommended to explore the views. At the stile, the yellow track connects once more, but in the next curve it continues straight into the forest along a path. Stay on the forest road, pass the farm Bore. Next, a parking space is reached with an outdoor toilet and an information board over Snogeholm's hiking area. Here Skåneleden connects. These orange track markings should be followed to Sövde. During this section of the tour you will pass the farm Saxeröd, a boat jetty, Sövde church, an amphi- theatre, and Sövde bathing area. After the bathing place, you are to leave Skåneleden. Instead, enjoy the bike trail past the football field (Salsbjär) and Sövde summer village. Cycle over the new bridge over Klingavälsån. As the road curves, leave the cycle path and turn right towards Karups Nygård Storkhägnet, the next sub-destination. The gravel road ends at the hedge with a narrower tractor road continuing in its extension. Follow the tractor road along the forest edge. Turn left into the forest after 200m. Cycle straight through two road crosses (at the second stands a bench).

Keep right in the next T-junction in front of some cottages. The road immediately divides. Utilize the track straight through a plantation. Lead the bike, as the path gets narrower and as it is in bad shape due to horse-riding. Aim for a hunting tower in the edge of the forest. Turn left at the tower and lead the bike along the forest edge, to the right of a training track for horses. Do not ride your bike on the track. The next benchmark is a warning sign with the text Stop. Be aware of oncoming horses at high speed.

Turn right along a narrow dirt road. Then make a detour around Karups farm to avoid the courtyard (please consult the map). More horse farms are passed along the way. Cross straight over Gamla Lundavägen after the upcoming Stop sign. Turn left on a narrow path in front of a small farm. The path is sandy and trampled by horses, so lead the bike through this part. The path leads to Prästvägen on the outskirts of Blentarp. Pass Blentarps BK (football field) continue on Södra Prästvägen. This road eventually connects to Slimmingevägen. Keep right on Slimmingevägen and right after the knoll thus entering Herrebergavägen in the direction of "5 Stenberget". Bike 160m, turn right up the hill towards the Exemption.