5 bike. On bike to Sövdesjön, 16km, of which 9km is on tarmac

Go downhill to the main country road and keep left on Herrebergavägen followed by another left towards Blentarp. Go over the knoll and continue straight ahead as the road bends to the right (Södra Prästavägen). When you reach the four-way cross you take a right on Simontorpsvägen. Cycle through Blentarp, past the school, cross Skurupsvägen and continue on Emil Hanssonsväg. Turn directly left on the G: a vägen and turn right on Blentarpsvägen. Pass the church and continue on the cycle path in direction of 4 Sövde. Pass/or stop at Storkhägnet. There are references along the cycle path. Highlights in Sövde, besides the lake, are Sövde Musteri, the Sauna boat and as well as one of the most beautifully situated cemetery in Skåne.

The return starts via Skåneleden (orange marked trail) via Salsbjär, the football field, along a narrow path that runs behind the toilet in the corner of the parking lot. Next stop is Prästabadet located at the jetty of Karup boat club. Continue along Skåneleden, past Dösjö farm. Pass a roadblock and at the upcoming T-junction, where the forest meets an open field, you keep right, the dirt road is called Gränsvägen, which is stated a little further on. (See-the map) This road will be followed up to a larger asphalt road, Gamla Lundavägen. Disregard the fact that Skåneleden turns to the left a little further on and continue straight past another roadblock and two holiday homes. At the upcoming chicken farm, Blenta, Kläckerivägen connects to Gränsvägen. Continue straight ahead until a T-junction with Gamla Lundavägen. Cycle 500m, turn right at Brockamöllevägen. The road curves at a farm with the address Brockamöllevägen 69 followed by the picturesque Brockamöllan (No. 110). Bike through a birch tree lined bridle way and take left on the paved Slimmingevägen. Then turn right at Herrebergavägen in the direction of 5Stenberget. Cycle 160m, turn right and endure the last 180m uphill to the Exemption.